# Injectables

#### **FILLER BEFORE & AFTER**





**BOTOX BEFORE & AFTER** 







## Botox & Dysport FAQs

#### How long will my Botox/Dysport results last?

The treatment will start to "kick in" within 3 to 10 days of injection, with final effects around 14 days/2 weeks. Botox/Dysport is typically injected every 3 months.

#### What is the difference between Botox and Dysport?

It's like Pepsi and Coke! It typically comes down to personal preference.

#### Why do we charge by the area instead of the unit?

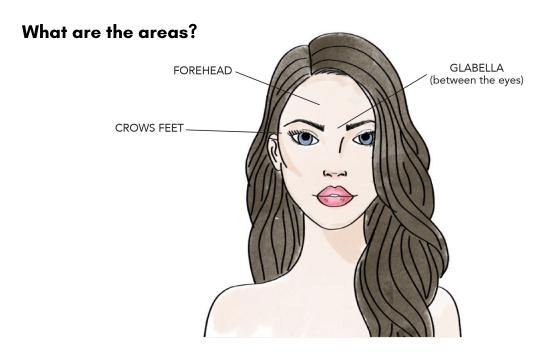
Charging by the area allows our injectors to tailor each treatment to match your personal needs without changing the price.

#### How many units are in an area?

One area is 25 units of Botox or 50 units of Dysport, but your injector might use more to perfect your results.

#### What if I don't need all of the units in one area?

Rest assured... We would never waste your Botox/Dyport! Our injectors will utilize a minimum of 25 units of Botox or 50 units of Dysport. Most patients need the full amount in each area to reach desired results, but if not, we will evaluate your individual needs and allocate the remaining units accordingly.





## Filler FAQs

#### What is the difference between Botox/Dysport and filler?

Both are used to improve the appearance of fine lines and wrinkles.

Neurotoxins (like Botox/Dysport) are *preventative and corrective*. They are used to relax and soften expression lines by reducing muscle activity beneath the surface.

Fillers are *corrective*. They are used to literally "fill in" areas that have lost volume over time. It can also be used to contour the face.

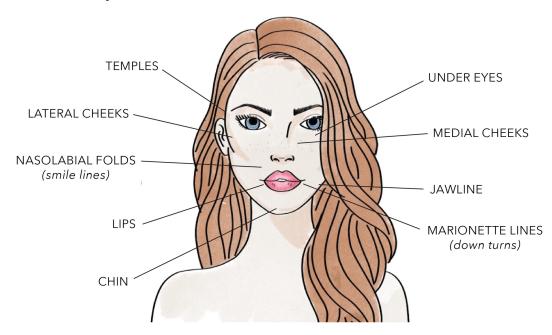
#### How long will my filler results last?

Fillers can last anywhere from 6 months to 2 years depending on filler type, location, and the patient's own rate of metabolism.

#### What are the different brands of filler?

Juvederm, Restylane, Radiesse and Sculptra

#### Where is filler injected?



<sup>\*</sup>Consult required to determine a treatment plan that will reach your desired results.



# Injectable Treatment Plan

Filler	Price	Area

#### **\*NOTES**

- Filler is injected beginning at the top of the face to add volume and give a more slimming, youthful appearance. Filler injected in the top half of the face can often relieve any concerns about the appearance of the lower face.
- If multiple syringes are recommended, this does not mean you will be overfilled or look unnatural. The goal is inject filler proportionally to restore volume loss for a natural look.
- You can always start out small and increase in the future. Even if you don't choose to complete all recommended injections, you will still see a subtle improvement, just not full correction.

#### \*WHAT TO EXPECT

- There can be bruising & swelling for 2-3 weeks following your appointment.
- Knots can form under skin and you may experience the injected areas feeling "lumpy." These bumps/lumps will most likely go away naturally in about 3-4 weeks. If they do not go away, contact us so we can evaluate and potentially dissolve individual bumps if a hyaluronic acid filler was used.



# Botox & Dysport Aftercare

#### **INSTRUCTIONS**

- The effects of your injections begin to take place after 2-7 days. You will notice gradual improvement of wrinkles, but **full effects will be seen after 14 days.**
- You may notice your eyebrows feel "heavy" following this treatment. This is normal and typically adjusts itself in 1-2 weeks.
- Some wrinkles are too deep for Botox/Dysport alone and may not completely disappear; in which case, filler or other treatments can be used.

#### **DON'T**

- Set treatments or procedures that require a facedown position (massage, acupuncture, etc.) for the next 1-2 days
- ★ Vigorously rub or scrub the treated area for 1-2 days

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- \* We cannot assess your results until 14 days after injection, as the Botox/Dysport could still be taking effect. Touch up injections are available within 14-21 days after initial injection if needed.

### Filler Aftercare

#### **INSTRUCTIONS**

- Swelling is NORMAL and expected, which can make it appear as if your filler injection is uneven. This is especially true when treating under the eyes and lips. This does not indicate that your filler was injected unevenly, just that your body is swelling more in some areas than others. The amount of swelling varies among patients but typically resolves after 2-3 weeks.
- Knots can form under skin and you may experience the injected areas feeling "lumpy." This is completely normal and is just the filler settling in with your skin. This will most likely will go away naturally at 3–4 weeks. If not, we can dissolve individual bumps when hyaluronic acid filler was injected.

#### DO

- Take Arnica
- Sleep elevated
- lce as much as possible
- Take Benadryl at night and Zyrtec in the morning for additional help with swelling

#### **DON'T**

- 🔀 Lay down for the next 4 hours
- Exercise for the next 24 hours
- Massage or harshly scrub the injected areas until filler has settled
- Get treatments or procedures that require a facedown position (massage, acupuncture, etc.) for the next 2-3 days

